

Seven Steps to Earthquake Safety



Follow the Seven Steps to Earthquake Safety to be prepared to survive and recover.
Learn more at EarthquakeCountry.org/sevensteps.

PREPARE

1 Secure your space by identifying hazards and securing moveable items.



2 Plan to be safe by creating your emergency plan and deciding how you will communicate.



3 Organize emergency supplies in convenient locations.



4 Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance coverage.



SURVIVE

5 Drop, Cover, and Hold On or other recommended actions (if you feel shaking or get an alert).



6 Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.



RECOVER

7 Reconnect and Restore daily life by reuniting with others, repairing damage, and rebuilding community.

