



# **Las consecuencias: sociales, ambientales y económicas de lo que **Compras****

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# Impactos de “Made in China”



1. Ambiental → salud
2. Social → esclavitud
3. Económica → “Lo barato sale caro”

# Sociedad Consumista

The best  
things in  
life aren't  
things.

- Art Buchwald

Aclaraciones:

1. Es un reto conseguir cosas que no estén hechas en China (en parte o completas)
2. No sólo es China – muchos países donde hay esclavitud y no hay regulaciones de seguridad.
3. Veamos varios ejemplos



# Gold Miners

# Pescado de Thailandia

<https://www.youtube.com/watch?v=5qsERAosVyw>



# SLAVERY AT SEA

**The Continued Plight of Trafficked Migrants in Thailand's Fishing Industry**

# Myanmar fisherman goes home after 22 years as a slave

July 2015

By MARGIE MASON Jul. 1, 2015 10:46 AM EDT

27 photos

Myint Naing, Khin Than



BRAVENEW FILMS Presents A Robert Greenwald Film

# WALMART

the high cost of low price

“Lo Barato sale caro”

**Eco-Cine**

“Please don't buy things



© Michael Wolf

# Bangladesh 2013

1,130 muertos  
2,400 heridos

MANGO

DRESS  
Rs 2,290

NOW OPEN: DOLMEN MALL CLIFTON  
MANGO.COM



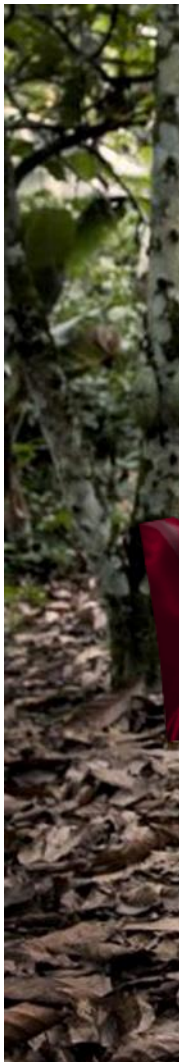
THE CHILDREN'S  
PLACE

dressbarn

benetton







Cada vez que vayas a comprar.  
Piensa: Lo necesito?, puedo comprarlo  
usado? ¿Qué impactos al  
ambiente/sociedad tiene? .

**\*Recuerda: Comprar Local**

1. ayuda a la economía del país,
2. evita emisiones debido al transporte  
y
3. asegura que no promueves la  
esclavitud laboral.

# 1.5 min Video



YouTube

DO YOU STILL WANT TO BUY THIS 2€ T-SHIRT?

The 2 Euro T-Shirt - A Social Experiment

Fashion Revolution

Subscribe 3,801

6,709,391



# Referencias

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- <http://www.globallabourrights.org/campaigns/factory-collapse-in-bangladesh>
- <http://www.forbes.com/sites/clareoconnor/2014/04/26/these-retailers-involved-in-bangladesh-factory-disaster-have-yet-to-compensate-victims/>
- [https://www.youtube.com/watch?v=KfANs2y\\_frk](https://www.youtube.com/watch?v=KfANs2y_frk)

**The bitterness of poor quality remains  
long after the sweetness of low  
price is forgotten.**



THE STORY OF  
**STUFF**  
PROJECT

# HOW TO BE POOR & HAPPY

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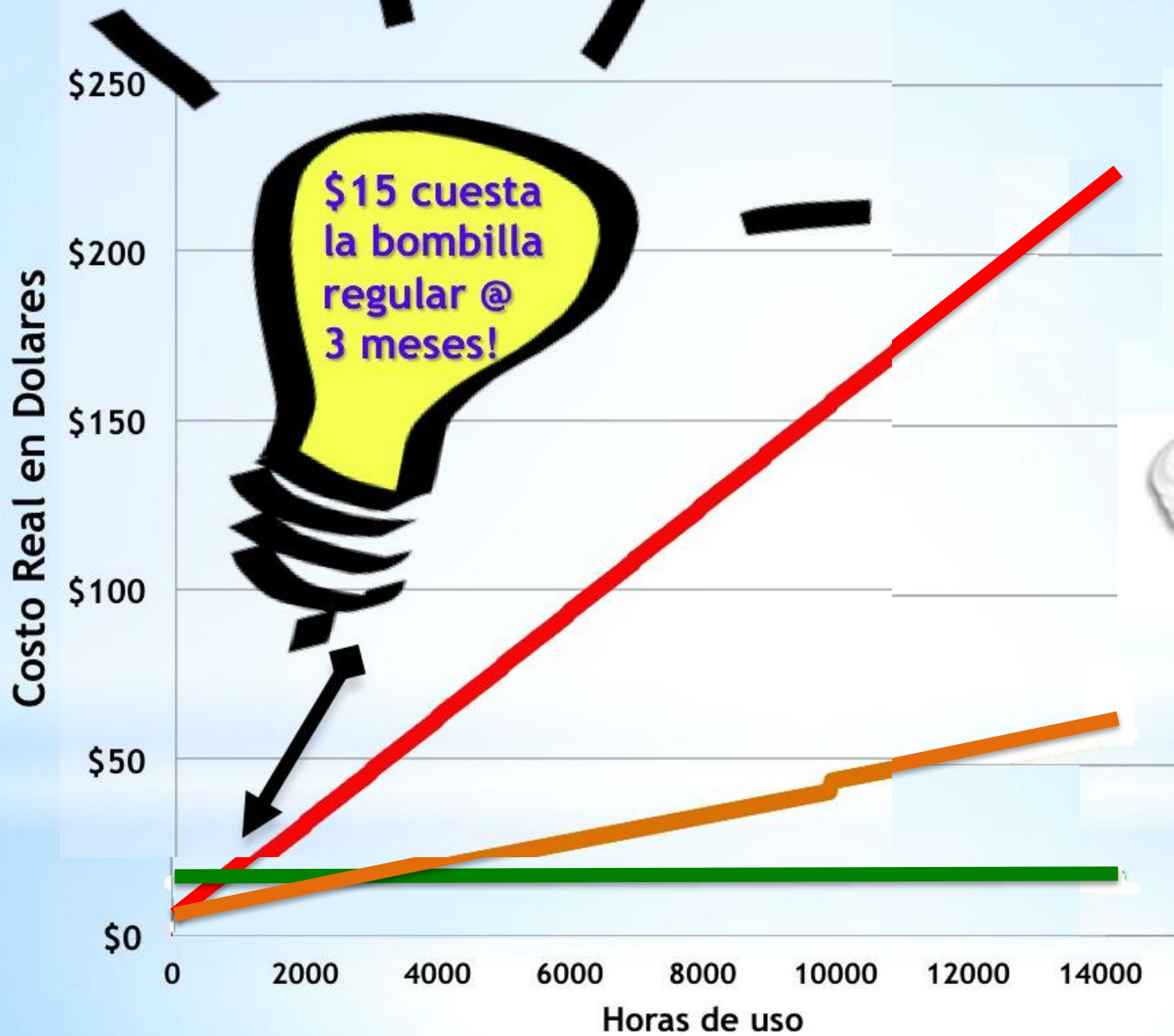
1. WORK & LEARN. IT'S FREE!
2. USE WHAT YOU HAVE.
3. IF YOU CANT USE IT, MEND <sup>OR</sup> SELL IT.
4. IF YOU DONT HAVE IT, BORROW IT.
5. BUY LITTLE, BUT BUY GOOD.
6. THERE'S A WAY TO FIND IT CHEAPER.
7. BEING NICE AND NEAT = £0.00
8. ALL GOOD THINGS ARE WILD  


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 & FREE.


# ¿Cuánto costó tu Bombilla?:

“Lo Barato sale Caro”



 **Incandescent (regular)**  
Life=1,000 hrs  
Cost: \$0.75

 **CFL, (fluorescent)**  
Life= 10,000 hrs  
Cost: \$3

 **LED**  
Life = 50,000 hrs  
Cost: \$15



# SCARY SEVEN



naturallysavvy.com™

Avoid these seven dangerous ingredients when shopping for products

## 1. High-Fructose Corn Syrup

*(Glucose-Fructose in Canada)*

*Potential side-effects: Obesity, insulin resistance, increased belly fat, heart disease.*

## 2. Trans Fats *(labeled as 'shortening, 'partially hydrogenated,' or 'hydrogenated,' 'mono- and diglycerides,' or 'DATEM')*

*Potential side-effects: Heart disease, cancer, diabetes.*

## 3. Artificial Flavors

*A blanket term referring to over 100 possible chemical additives. Potential side-effects: Allergic and behavioral reactions.*

## 4. Monosodium Glutamate (MSG)

*Potential side-effects: Chest pain, heart palpitations, headaches, stimulates taste buds causing us to eat more.*

## 5. Artificial Colors

*Potential side-effects: Allergies, sinus congestion, hyperactivity in children, worsens symptoms of ADD and ADHD.*

## 6. Artificial Sweeteners

*Aspartame (Equal, NutraSweet): Primarily affects the nervous system. Potential side-effects: Headaches, dizziness, memory loss, convulsions.*

*Sucralose (Splenda): More research is needed to determine its safety.*

*Acesulfame Potassium (Ace-K): Research indicates it may cause cancer.*

*Neotame: Need more studies to confirm safety.*

*Saccharin (Sweet'N Low): Proven to cause cancer in animals. Suspected human carcinogen.*

## 7. Preservatives

*Potential side-effects:*

*TBHQ: Tinnitus, nausea, vomiting.*

*Polysorbates (60, 65 & 80): Infertility, immunosuppressant, anaphylaxis.*

*BHT/BHA: Liver and kidney problems.*

*BHA is a possible carcinogen.*

*Nitrates or Nitrites: Allergic reactions, potential carcinogen.*

*Potassium Sorbate: Allergic reactions, nausea, diarrhea and DNA damage.*

*Sodium Benzoate: Allergic reactions, carcinogen.*

*Sulfites: Allergic reactions—especially for asthmatics.*



Learn more at [naturallysavvy.com](http://naturallysavvy.com)

